

Wem Town Council

PUBLIC NOTICE

As more and more people in the community over the coming days, will be required to self-isolate, let's help each other, as best we can, to get through this period of anxiety, uncertainty and potential loneliness. Please think about the needs of your neighbours, especially (but not exclusively) the elderly and vulnerable. Give them a call or knock on their door to check they're OK.

Make sure they have food and other essential items, check whether they need help with shopping and make sure they have your phone number(s).

Please do not panic buy, if we are sensible there will be enough food for everyone!

Self-Isolation Support

If you are already having to following the government's advice and self-isolate, it is important to remember you are not alone, there are people who can and want to help you.

Food and Supplies

The following companies have stated that they can offer a limited delivery services for those most in need. Please contact them direct for more information. Please note this is not an endorsement of any business listed below and others may also be offering delivery services that we were not aware of at time of printing. There are also several takeaways who already deliver.

Comyn Bruce Catering	07709 065195
Dedman Stores	01939 232392
Fruitful Deli	01939 232682
Hartshorn Dairy	01691 661885
Maypole Café	01939 235802
North Shropshire Domestic Services	07903 889532
Robinson and Young	01939 235300
Soulbird Cafe	01939 236814
The Castle	01939 236088
Wem Butchers	01939 232435

Other Organisations

Organisation	Contact	
Wem Good Neighbours Service	01939 231181	Provides practical support and help for those in need
Wem Food Hub	01939 232682	Food support
Shropshire Council	0345 6789000	Council Tax, Benefits, Refuse Collection
Clive Medical Practice	01939 220532	Repeat Prescription Line
Wem and Prees Surgery	03333583509	Prescription Ordering Direct Service
Rowlands Pharmacy By the Co-op Behind GP Surgery	01939 234004 01939 232361	Prescription delivery service offered
Shropshire Mind	01743 368647	Mon – Fri office hours
The Samaritans	116123	24 hours 365 days

Virus Information - Only use the NHS 111 service if

- You feel you cannot cope with your symptoms at home
- Your condition gets worse
- Your symptoms do not get better after 7 days
- Do not go to a GP surgery, pharmacy or hospital. The surgeries will update websites, social media pages, and answer machine messages to reflect any change in situation

You do not need to contact 111 to tell them you are self-isolating

This list is not exhaustive, if there is something you are struggling with please telephone Wem Town Council and we will try and point you in the right direction of someone who can help – please note our telephone line is not 24 hours and in times when the office is not staffed please leave a message and someone will return your call **Tel 01939 232733 info@wem.gov.uk**

Please do not struggle alone, just pick up the phone!

Wem - **W**here **EVERYBODY** **M**atters