

Shropshire Educational Psychology Service – Coronavirus Support for Schools and Families

1. Critical Incident offer

If you, a child or a member of your staff has experienced a bereavement or critical incident during the COVID-19 period, the Educational Psychology Service (EPS) can support the school, family and child at this difficult time; please contact our Critical Incident team through eps@shropshire.gov.uk or 01743 258414.

2. Support for Parents

If you feel you would benefit from talking to an Educational Psychologist (EP) via phone consultation during this difficult time, you can speak to your school or contact Shropshire EPS direct at eps@shropshire.gov.uk or 01743 258414.

3. Support for Head Teachers and Staff

Emotional health and well-being of professionals and how to support children and young people returning to school.

If you feel you would benefit from talking to an EP and forming a peer support group with guidance from our mental health specialist EP [Sheri Wright](mailto:sheri.wright@shropshire.gov.uk), then contact EPS direct or email sheri.wright@shropshire.gov.uk

4. Support for Specialist Support Staff

Shropshire EPS has continued to supervise and offer guidance to our ELSA support staff and is accessible from [Dr Chantal Goss](mailto:Dr.Chantal.Goss@shropshire.gov.uk) our Senior Practitioner.

5. Trauma Informed Interventions

Shropshire EPS has practitioners trained in supporting children who have experienced trauma. Many schools have accessed the trauma informed attachment training and can use these strategies to support our vulnerable children returning to school. Schools may also use their CBT informed training for anxiety '**No Worries**'.

If you feel you would benefit from talking to an EP about trauma informed support and interventions, then make contact with EPS Admin and a specialist practitioner will advise (eps@shropshire.gov.uk).

6. Training to SENCOs

At the pending Network Meetings to assist with children's emotional health and well-being, transitions back into school, trauma informed practice and bereavement.

7. Broader workforce teams within Children's Services

To apply psychology and reduce anxieties relating to the complexities facing front line workers and their support to families.

8. Shropshire EPS is also working with Public Health and the Resiliency team to support the voluntary sector services. Through supervision models the aim is to apply psychology to build resilience in teams and maximise the impact for our children and families.