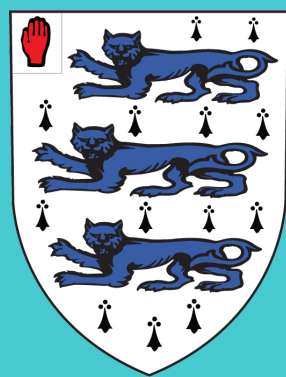


USEFUL CONTACTS



The Public Health (school nurses) are still here for all our parents and children during lockdown

1 NHS CHOICES

www.nhschoice.net

2 FAMILY INFORMATION SERVICE

01743 254440

3 HEALTH FOR TEENS

This website is a great resource for young people; topics covered include sexual health, anxiety, emotional health, lifestyle and more www.healthforteens.co.uk

4 CHILD BEHAVIOUR

Parenting Team 01743 250950
BEAM askbeam@childrensociety.org.uk
Children's Centre 01743 452400

5 EMOTIONAL HEALTH AND WELLBEING

Young Minds www.youngminds.org.uk
Health For Teens www.healthforteens.co.uk

6 EMOTIONAL PARENTAL HEALTH

Psychological Therapies 0300 123 6020
Severnfields Health Village, Sundorne Road,
Shrewsbury, SY1 4RQ
BEAM askbeam@childrensociety.org.uk

7 SEXUAL HEALTH

Health for Teens www.healthforteens.co.uk
Open Clinic, local NHS sexual health service www.openclinic.org.uk

8 SCHOOL NURSE

Contact 0333 358 3654 between the hours of 9.30 to 4.00 pm, Monday to Friday, excluding Bank Holidays
CHAT Health Text service 07507 330346
(School Nurse)

