



# Supporting Revision



As we approach the final run in to this year's GCSE and A Level Examinations here are a few tips to help you support your child as they build up to their exams.

1. Encourage your child to make a revision timetable – and stick to it. Ask your child to share this with you so you can hold them to account when motivation levels are low!
2. Make sure your child has a quiet space to work, with **no distractions**
3. Help to find the method of learning and retaining information that works best for them. It could be reading and making notes, using flash cards or Post-it notes, looking at video clips, playing back recordings of their own voice, mind mapping or perhaps a mixture of these. [A number of youtube videos produced for Radio 1, 1Xtra and BBC Bitesize and are full of useful ideas.](#)
4. Check the exam specifications. All exam boards publish these, along with practice papers and mark schemes too.
5. Start Early- Look at your child's mock examination results, did they underperform in any particular subject. These subjects should populate their early revision
6. Search out revision apps and online resources – such as Seneca, Educake, – to clarify areas your child feels less confident about. A major resource is their class **teams** page, key pieces of home learning have been set here and if re attempted will make good revision tasks. Teachers will have also populated the page full of resources that will help!
7. Encourage them to break revision into manageable chunks and to take regular breaks in between revision sessions. It's far more effective to do 30 minutes of successful revision – rather than plough on for hours on end and not get anywhere. This is backed up by research that finds found that learning is more effective when spread out over stretches of time.
8. Most important of all, help your child to keep everything in perspective. Remind them that the better they prepare and the more confident they feel in their subject knowledge the less stressed they will feel when the exams start.
9. Have a look at the Top Revision Tips provided by each subject on the school website: <https://thomasadams.net/curriculum-organisation/>