

PSHE Curriculum Review 2023/24

Introduction and Challenges

This review is set against changes made to the PSHE delivery of the form time programme, drop down days and assembly programme. The review is using the traditional mapping document against the PSHE Association's recommended content and mapping against the DFE's statutory RSE 2020 content. This review includes the new changes to KS3 and 4 drop down day content and an update to the KS5 form programme.

Rationale

The document introduced in 2018/19 year were evaluated against the new PSHE Association Programme of Study KS1-5 (<https://www.pshe-association.org.uk/curriculum-and-resources/resources/programme-study-pshe-education-key-stages-1%E2%80%935>) which is based on the governments statutory guidelines for RSHE programme 2020 (<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>).

The current Programme of Study was evaluated against the recommended aspects of learning for Key Stages 3 -5 in the 3 areas of Health and Wellbeing, Relationships and Living in the Wider World.

Key Findings and SMART Targets

These percentages will be evaluated against next years' findings to determine progress in relation to coverage of key topics.

Target	2018/19 Percentage	2019/20 Percentage	2020/21 Percentage	2021/22 Percentage	2022/23 Percentage	2023/24 Percentage	Difference compared to 2022/23
Percentage of overall aspects covered	64.4%	83%	78%	92.59%	94.36%	98.59%	+4.23%
Percentage of KS3 aspects covered	82.7%	90.9%	81.8%	95.45%	98.18%	98.18%	0%
Percentage of KS4 aspects covered	53.6%	77%	71%	96%	97%	99% (H15 taught in science)	+2%
Percentage of KS5 aspects covered	46.9%	81%	NA	85.13%	85.13%	98.66%	+13.53%
Lower School Coverage of Health and Wellbeing	53.6%	86.6%	88.4%	98.5%	98.5%	100%	+1.5%
Lower School Coverage of Relationships	49.4%	85.5%	84.7%	94.11%	98.8%	98.8%	0%
Lower School Coverage of Living in Wider World	73.8%	82.4%	55.3%	94.64%	94.64%	96.4%	0%
KS3 Coverage of Health and Wellbeing	78.1%	94.4%	88.8%	100%	100%	100%	0%

KS3 Coverage of Relationships	94.7%	89.3%	89.36%	93.62%	100%	100%	0%
KS3 Coverage of Living in Wider World	80%	88.9%	70%	92.6%	92.6%	92.6%	0%
KS4 Coverage of Health and Wellbeing	66.6%	78.8%	87.8%	96.97%	96.97%	100%	+3.03%
KS4 Coverage of Relationships	27.5%	81.6%	78.9%	94.5%	97.3%	97.3%	0%
KS4 Coverage of Living in Wider World	77.2%	75.9%	41.37%	96.56%	96.56%	100%	+3.44%
Sixth Form Coverage of Health and Wellbeing	78.9%	91.67%	NA	95.83%	95.83%	100%	+4.17%
Sixth Form Coverage of Relationships	13.6%	84%	NA	88%	88%	100%	+12%
Sixth Form Coverage of Living in Wider World	52%	64%	NA	72%	72%	95.8%	+23.8%
Overall Coverage of Health and Wellbeing	75.3%	82.8%	NA	97.84%	97.84%	100%	+2.16%
Overall Coverage of Relationships	52.8%	84.5%	NA	92.72%	96.36%	99%	+2.64%
Overall Coverage of Living in the Wider World	68.6%	76.5%	NA	87.65%	87.65%	96.25%	+8.6%

Key Stage 3 Analysis

The excel mapping document shows the following from our planned 2023/24 provision.

Areas that have strong coverage in the mapping document (6 or more)

Health and Wellbeing	Relationships	Living in the Wider World
H1	R1	L1
H2	R2	L2
H3	R3	L3
H4	R4	L4
H5	R5	L5
H4	R7	L7
H7	R9	L8
H8	R10	L9
H9	R11	L10
H10	R13	L11
H11	R14	L12
H12	R15	L15
H13	R16	L16
H24	R17	L20
H25	R18	L21
H26	R19	L24
H27	R23	
H29	R25	
H30	R26	
H31	R27	
	R30	
	R32	
	R37	
	R38	

	R39	
	R40	
	R41	
	R42	
	R43	
	R44	
	R45	

Topics that are covered well

- Students explore their idea of self concept well, with all of those lesson themes explored several times.
- The school explores the concept of mental health frequently, especially through the school’s assembly programme which after the initial early lessons in PSHE during Years 7 and 8, continues exploring into year 9.
- Drugs and substance misuse are looked at frequently,
- Online safety is explored frequently, supported through form sessions and assemblies.
- We explore the concept of positive relationships and relationship values throughout KS3 often.
- We often explore the issue of bullying, abuse and discrimination throughout keystage 3, most notably due to the push on harmful sexual behaviour as part of our review which has also seen a stronger focus on consent.
- The programme features a number of opportunities for students to develop their “learning skills” (LWW 1-5) throughout key stage 3. The assessment days are particularly valuable in this respect.
- The 2023/24 year will continue the greater focus on vaping, county lines and harmful sexual behaviour.
- Prevent aspects are taught regularly throughout Years 7-9.

Areas briefly mentioned (3 or less “sessions”)

Health and Wellbeing	Relationships	Living in the Wider World
H14	R20	L18
H15	R24	L19
H16	R28	L25
H17	R31	
H18	R35	
H19	R36	
H20	R46	
H21	R47	
H22 (FGM)		

H32		
H33		
H34		
H36		

- Sessions should include more on physical health including sleep and dental hygiene and how to manage physical activity. The changes to the assessment has seen more of these lesson fall into this category.
- Another session on gambling would be beneficial.
- We should cover more on students deciding when they are ready for sexual intimacy (KS3).
- The majority of these are age appropriate lessons and their absence can be seen in this context.
- The idea of consent is explored but not frequently, this is partly due to the limitations for Sex Education due to form time and non-sex ed students.
- Career education is strong in key stage 3 with numerous opportunities for students to learn about pathways.
- Finance education features regularly once introduced in Year 8 and continues in Year 9. Some aspects are taught in year 7 as part of the form time activities.

Areas not in the Programme of Study

Health and Wellbeing	Relationships	Living in the Wider World
		L13
		L14

Living in the Wider World

L13. About young people's employment rights and responsibilities

L14. To manage emotions in relation to future employment

Evaluation

The Living in the Wider World themes missing are taught as part of the Key Stage 4 curriculum in Year 11. Although we recognise the benefit of these themes, it would be difficult to fit these in with the focus on other aspects. The most important area to develop is gauging readiness for sexual intimacy.

Lesson Coverage Breakdown

Classification	2019/20 Percentage	2021/22 Percentage	2022/23 Percentage		Change

Covered well (6+ Sessions)	56.36%	60.9%	65.45%	50.9%	-14.55%
Acceptable Coverage	2.71%	12.75%	16.01%	25.49%	+9.48%
Limited Coverage (3- Sessions)	(2 sessions) 31.81%	21.81%	17.27%	21.8%	+4.53%
No coverage (0)	9.09%	4.54%	1.81%	1.81%	0%

The analysis shows that in order to focus on some of the content not covered previously, we have had to lose some of the sessions that had previously had a strong coverage.

Key Stage 3 Recommendations

- Sessions should include more on physical health including sleep and dental hygiene and how to manage physical activity.
- Another session on gambling would be beneficial.
- We should cover the gauging readiness for sex (only covered one).
- The majority of lessons covered less frequently are age appropriate lessons and their absence can be seen in this context.
- KS3 form programme needs to have a session on employability rights and how to behave in the work place
- Employment law and managing emotions in the work place should be considered.

Key Stage 4 Evaluation

Areas that have strong coverage in the mapping document (6 or more)

Health and Wellbeing	Relationships	Living in the Wider World
H1	R1	L1
H2	R3	L2
H4	R5	L3
H5	R6	L4
H6	R7	L5
H7	R9	L6
H8	R11	L7
H9	R12	L8
H10	R15	L9

H19	R16	L10
H21	R17	L15
H22	R18	L29
H23	R19	
	R28	
	R29	
	R30	
	R31	
	R32	
	R34	
	R35	

Topics that are covered well

- As with Key stage 3, the school focuses well on exploring positive relationships and relationship values throughout the programme.
- The school supports students through difficult relationship situations such as grief, break ups, harassment and recognising unwanted attention.
- Another key elements is the challenging of discrimination, including bullying and harassment. The form sessions on the key protected characteristics of the equality 2010 act support this agenda.
- Again, as with Key Stage 3, the school promotes the idea of positive relationship values and relationship values strongly.
- “Self -Concept” is explored frequently throughout key stage 4. This mitigates the lower amount of interactions with the theme in lower school.
- As with Key Stage 3, bullying and discrimination are strongly featured, with particular emphasis on the 2010 equality act.
- Key stage 4 has a strong careers theme with particular emphasis on learning skills and choices and pathways.
- There is a strong number of opportunities for KS4 students to learn about extremism and how to challenge it.
- There has been an increase during 2022/23 of lessons relating to HSB.

Areas briefly mentioned (3 or less “hits”)

Health and Wellbeing	Relationships	Living in the Wider World
H11	R8	L11
H12	R10	L12

H14	R13	L14
H17	R21	L16
H18	R22	L17
H20	R23	L20
H24	R24	L22
H25	R25	L23
H27	R26	L24
H28	R33	L25
H29	R36	L26
H30	R37	L27
H31	R38	
H32		
H33		

- Due to the limited time in KS4 to explore these topics, students have less opportunity to explore some of the more niche themes such as cosmetic procedures.
- Due to the danger of county lines, we should consider including more details on how to prevent students from becoming prey to organised crime.
- We should focus more on how students can use online opportunities to springboard their career.
- Media literacy in Key stage 4 would benefit from more encounters.

Areas not in the Programme of Study

Health and Wellbeing	Relationships	Living in the Wider World
H15 (Taught in Science)		

Aspects of Curriculum not currently covered

Health and Wellbeing

H15. the purpose of blood, organ and stem cell donation for individuals and society (Can be taught in Science). ***This is taught as part of the science curriculum in KS3 and 4 so not included within figures.***

Lesson Coverage Breakdown

Classification	2019/20 Percentage	2021/22 Percentage	2022/23 Percentage	2023/24 Percentage	Change
Covered well (6+ Sessions)	33%	46%	48%	47%	-1%
Acceptable Coverage	10%	13%	10%	14%	+4%
Limited Coverage (3- Sessions)	34%	37%	39%	39%	0%
No coverage (0)	23%	4%	3%	0%	-3%

The analysis shows that there is an increase in the amount of themes covered with all topics covered, overall there has been a positive uplift in the number of themes covered.

Key Stage 4 Recommendations

- Should definitely have something more on preventing students become prey to organised crime given the prominence of county lines as a local issue.
- Would benefit from more on physical wellbeing and managing risk.
- Would benefit from more on managing risk in sexual encounters.
- We should include another lesson on sexual health.

Key Stage 5 Evaluation

Areas that have strong coverage in the mapping document (4 or more)

Health and Wellbeing	Relationships	Living in the Wider World
H1	R2	L1
H4	R3	L2
H5	R19	L3
H8		L13
H9		L15
H14		
H15		

Topics that are covered well

- We cover the topics of self-concept well in KS5, just as we do for the other key stages.
- We continue the emphasis on mental health in the sixth form as we do in KS4.
- We discuss how students should keep themselves safe in a variety of circumstances often.
- We explore relationships values fairly frequently, with the exception of R1.
- We give students good information in PSHE on careers choices and pathways.

Areas briefly mentioned (2 or less “hits”)

Health and Wellbeing	Relationships	Living in the Wider World
H2	R1	L6
H3	R4	L9
H10	R7	L10
H11	R8	L11
H12	R9	L12
H16	R10	L14
H19	R12	L16
H21	R13	L18
H22	R14	L19
H23	R15	L20
H24	R16	L21
	R17	L22
	R18	L23
	R20	L24
	R21	
	R22	
	R23	
	R24	

- Some of the PSHE association’s themes on keeping healthy are not explored frequently, however, some of these are niche and given the limited time frame, you would not expect these to be repeated more than once.
- We would benefit from doing more sessions on drugs, alcohol and smoking.
- We should not be too concerned about the lack of detail on CV writing and other career related aspects due to the additional careers programme offer and the CV writing support offer within the sixth form from LJA.

Areas not in the Programme of Study

Health and Wellbeing	Relationships	Living in the Wider World
H17		

Aspects of Curriculum not currently covered

Health and Wellbeing

H17. to perform first aid and evaluate when to summon emergency services, irrespective of any potential legal implications, for example, when the situation involves alcohol, drugs, gangs or violent crime

We will explore the opportunities for a first aid

Lesson Coverage Breakdown

Classification	2019/20 Percentage	2021/22 Percentage	2022/23 Percentage	2023/24 Percentage	Change
Covered well (4+ Sessions)	21.62%	24.32%	24.32%	20.2%	-4.12%
Acceptable Coverage	10.82%	16.23%	16.23%	20.4%	+4.17%
Limited Coverage (2- Sessions)	47.29%	44.59%	44.59%	58.1%	+13.51%
No coverage (0)	20.27%	14.86%	14.86%	1.3%	-13.56%

The analysis shows that there has been an improvement in the coverage of topics taught in sixth form, despite a decrease in the topics covered highly, we have significantly increased the topics covered, albeit to a limited degree.

Key Stage 5 Recommendations

- An assembly on dangerous substances should be included in order to raise awareness on issues relating to addiction and misuse.
- Would benefit from another session talking about contraception.
- A session on positive media literacy and how to use online platforms to promote your career would be beneficial (potentially as an assembly)
- There is a need for a session relating to financial management for the sixth form. This could be done as a one off session for a year group in the Stanier once per year.

Key Findings and recommendations

- We have continued a trend of improvement from previous years, especially in Key Stage 5 and the new programme has eliminated a couple of gaps in KS3 and 4.
- For some themes that are only looked at 3 times or less, are restricted due to age appropriate topics, e.g gambling and FGM. Also, after Year 7, the lessons on hygiene (including oral) would be seen as below the age level of the students.
- It is difficult to achieve a reduction in the limited coverage themes for KS4 due to only having 5 terms of teaching.
- We allow the students the opportunity to explore the idea of themselves as a self concept throughout all key stages
- Sixth form needs to have some financial management sessions, may be difficult to do in form time so would recommend a one off session during Year 12.
- KS3 needs to cover gauging readiness for sex and employment law.
- We need to be more aware of the dangers of organised crime and raise more awareness of this – seeing the local context of county lines should be a priority and should be included as one of the HOY themed assemblies during each year.
- Overall we are seeing an improvement in the coverage of topics in almost all areas of the school and by using alternative methods of delivery in the sixth form, e.g briefings and one hour extended briefings, may be the solution to the limited time for the sixth form.