Year	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Theme	Settling in at Adams	Staying Safe Online	Growing up	Prevent	Staying Healthy	Staying Safe
Year 7	 Respect and Relationships What makes a good friend Being Positive Teamwork Importance of Kindness 	 Staying Safe Online Online Safety – Cyber Bullying Grooming Boys and Girls Safety App Project Assessment 	 What is LGBT? Homophobia Introduction to Contraception Introduction to Puberty Healthy Relationships 	 Extremism The Radicalisation Process Prejudice and Discrimination What is Racism Assessment – Fake Newspaper 	 Health & Wellbeing What is Mental Health Positive Body Image Healthy Eating & cholesterol Careers Fair 	 Pressure and Influence E-Cigs, Vaping and Shisha First Aid Lesson (and workshop) 2 hours Road Safety Talk
Theme	Developing Relationships	Problems	Substances	Our World	Protecting from dangers	Making money
Year 8	 Consent and Boundaries What are STIs? Teenage Pregnancy Choice Social Media & Online Stress Cyber Flashing and Unsolicited Images 	 Self Esteem Changes Screen Time & Safe use of Mobiles What is Anger? Leisure Centre Assessment 	 Intro to Drugs & Types of Addictions Cannabis Drugs and Classifications Alcohol and Bad Choices Energy Drinks & Caffeine 	 Desert Island Living Desert Island – Building a Community Desert Island Making Decisions Desert Island Project / Assessment 	 County Lines – What is it Substance Misuse Different Types of Addiction Microagression and Sexual Language Careers Fair 	 Financial Education Saving and Managing Money Targeted Advertising and your Data Impact of Change (Transitions) Xello
Theme	Keeping Safe	Politics	Family Life	Immigration Debate	Protect from dangers	Enterprise Day
Year 9	 FGM and the Law Pornography 1&2 Avoiding Gangs Knife Crime and Safety Parenthood 	 How is our country run? Political Debates & Parliament Exploring Inside Parliament Building Parliament Project Politics and Parliament Assessment 	 Contraception Available Fertility & what impacts it Love and Abuse Routes to Parenthood Xello 	 Exploring Human Rights Breaking Down Stereotypes Peace, War and Conflict International Organisations Exploring World Assessment 	 HSB - Masculinity Exploring a Paycheck Online Gambling Social Media Validation Careers Fair 	Enterprise Day
Theme	Managing Strong Emotions	British Values	Sex Education	Laws, Crime and Punishment	Careers Planning and Difficult Relationships	First Steps into the world
Year 10	 Supporting those who are LGBT Dealing with Conflict HBT – Bullying in all its forms Dealing with Grief and Loss Suicide (Thoughts and Feelings) 	 Exploring BV and Britishness How is our country run? Multicultural Britain What are Human Rights BV assessment 	 Sexual Harassment & Stalking Sexual Consent and the Law Relationships and Partners Domestic Abuse and Violence Up-skirting 	 Criminals, Law and Society Law Making in the UK (Including other forms of government) Prison Reforms and Punishment Prison Project Prison Assessment 	 Sexualisation of Media County Lines – Who is at risk Exploring Careers Self Esteem and the Media Careers Fair 	 What is Terrorism? Critical Thinking and Fake News Preparing for Work Ex Road Safety Talk Self Harm
Theme	Getting ready for the end of Year 11	Growing older	Taking Care of yourself	Congo Assessment	Last few messages	NA
Year 11	 Employment Rights CV Writing Lesson 3—5 10 part Survival Series Kudos College CPR 	 Honour Based Violence & Forced Marriage Online Reputation & Digital footprints Cancer Prevention Healthy Lifestyle Common Types of Mental Health Alcohol and Risk Taking 	 STIs What is smoking? Festivals, Drugs & Nitrous Oxide Cosmetic Surgery Drugs Substance Addiction 	 Women's Rights and Equality Me Too and Times Up movement Relationships, Sexual Abuse & Rape Sarah Everard Assessment Prep Assessment 	 Sexting Nude and Dick Pics Employment and Financial Management Consumer Rights Harassment (Boys and Girls) Careers Fair 	